



## Approximate Healing Schedule for Permanent Cosmetics

### Eye Brows:

**Day 1-2** What you see is about 20-40% darker, bolder and more solid than what your healed result will present. Under the pigment, the skin is red and pigment has been deposited into the layer of skin containing the most dead skin cells. Combined it gives the appearance of darker color. There may be minimal swelling, however since the eyebrow area typically does not retain much fluid, swelling will be limited. The top layer of skin will begin to shed on about day 3-5, and you will see loss of color. Loss of color is normal, and the pigment that was deposited superficially will come off the skin it is embedded within. **DO NOT HELP IT ALONG**, let it peel on its own. To pull the skin off, you will remove “plugs” or dermal pigments as it has not detached itself completely at this point. This may result in uneven color or scarring after healing is complete.

**Day 3** - Your eyebrows may begin to itch and the pigment may appear somewhat raised. Do not pick, peel or scratch.

**Day 4-6** The skin is now in the stage of rapid exfoliation. The color under the exfoliating skin will continue to appear light until the healing is complete and the true color is seen through the transparent layers of the epidermis.

**Day 30-40** Now is the time to critique your brows, as you have had a full cycle of cellular regeneration in which the tattoo has now become part of the epidermis.

### Eye Liner:

**Day 1** - Post treatment effects can vary from slightly puffy to swollen, heavy lids, light sensitivity and possibly blood shot eyes. You will feel more swollen than it will actually appear. Make up may look quite heavy applied, it is advisable to sleep in an elevated position to help reduce possible swelling at night. Do not use your best pillowcase the first two nights.

**Day 2** - Eyes will be swollen and may be a bit “crusty” upon waking. The swelling will disappear from being in an upright position and from blinking, etc., increasing circulation to the area. Avoid heavy lifting, physical exertion, and crying.

**Day 3** - Eyes will be less swollen, but still light. The lash area will feel sore if touched.

**Day 4** - Pigment within the epidermis will begin to flake off in little (stitch looking” lines. Some patients do not notice the exfoliation at all. **Do not pick at the area** . You will pull dermal pigment and end up with uneven color.

**Day 5** – Blinking helps to eliminate the small pieces of pigment and epidermis which has detached. It is important not to pick at or rub the eyes.

**Day 6** – All shedding should be complete. It is safe to put face back in shower spray.